



THE CONSORTIUM
ACADEMY TRUST

24 April 2025
Primary - Year 6 SATs



**THE
HESSLE
ACADEMY**

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Dear Parent/Carer

As the SATs approach, we are mindful that our learners are working their socks off to reach their full potential. To alleviate any stress they may be feeling, we have planned a variety of supportive strategies; these include additional opportunities to socialise and be outside, as well as frequent brain breaks, aimed at supporting the wellbeing of our pupils.

If you are concerned that your child is feeling the stress of exams and the transition to secondary school, the NHS have released some advice to help them beat the anxiety. Please follow the link below for more information.

[Help your child beat exam stress - NHS \(www.nhs.uk\)](http://www.nhs.uk)

Please feel free to contact us on 01482 648602 or ppsoffice@hessleacademy.com should you have any concerns or suggestions on how we can support your child

Thank you for your continued support.

Yours faithfully

Mrs M Preston
Head of School